



# 2010 NAMA Conference



Please read the following carefully as there is important information about your stay and participation in the conference.

**When:** Thursday through Sunday, April 15 to April 18, 2010

**Where:** San Mateo Marriott Hotel  
1770 S. Amphlett Blvd  
San Mateo, CA 94402

(650) 653-6000

## Getting to the Hotel:

The **San Mateo Marriott** provides a complimentary shuttle between **San Francisco International** airport and the hotel. After claiming your baggage, proceed to the hotel courtesy shuttle area in the "Center Island Transportation Zone." This is the pickup point for the hotel courtesy shuttle. It runs approximately every hour at the top of the hour between 5 am and 9 pm. **If you are planning to use the shuttle service be sure to confirm that you are on the correct shuttle to the SAN MATEO Marriott.** There are other Marriott Hotels in the area that also have shuttles.

If you are driving, NAMA conference attendees will receive a discounted parking rate of \$10/day. For those not staying at the hotel, the rate is \$1.00/hour to the maximum of \$10/day.

## Checking in at the Hotel:

Check in time is 3 pm; check out is noon. Please check directly with the hotel to determine if early check-in or late check out may be available. NAMA is not able to make this available for you.

Refer to your confirmation number provided by the hotel at the time of your reservation if you encounter any difficulty upon check in. *If you have any problem, a NAMA representative will be available on the mezzanine level immediately at the top of the stairs or as you step out of the elevator.* Once you have checked in to your guest room, please visit the NAMA Registration booth for your Attendee package, name tag, etc. The Registration booth will be open beginning at noon on Thursday.

## Internet connection:

The hotel provides free wireless connection in the entry lobby area lounges. If you wish to have access in your guest room, please request it at check in. The cost will be \$9.95/day and will be billed to your credit card.

There will not be connection in the meeting rooms as the cost is prohibitive. Please do not request this connection.

## **Open Sessions and Practicums:**

This year three special sessions, "Practicums," have been added to our program. These are practical, "hands on" sessions to offer NAMA Member practitioners and advanced students continued growth. These sessions are open only to those who are pre-registered. Attendance is limited and will require a special pass. Those who are registered for any of these sessions will have the appropriate pass(es) in their attendee packet.

All other sessions are open to all attendees. We encourage you to review the schedule and choose those sessions of most interest to you. Many of the sessions will be recorded by *Backcountry Productions*, and those recordings will be available for purchase.

## **Meals:**

Depending on your registration, you may or may not have meals included. Full registration includes all five (5) meals offered. Day pass attendees will not have meals included unless arrangements were made in advance. No conference meals will be available for purchase at the event.

All meals will be vegetarian.

Thursday evening will be the opening session and NAMA annual membership meeting. Dinner will be in the Convene Ballroom beginning at 6 p.m.

Friday, and Saturday lunches will be served in the Convene Ballroom.

Friday evening we will have "No Host Networking" opportunity between 6:30 and 7:30 pm. Otherwise, this is an open evening and you may choose to purchase a meal at the hotel restaurant or at one of the area restaurants. A restaurant listing will be provided in your package at check in.

Saturday evening will be our banquet celebration and a time to remember our dear friend, Dr. Kumar Batra. Following our meal, Bansuri Master Deepak Ram will provide a musical tribute; Dr. Robert Svoboda will deliver his keynote address; Gopi Batra will perform a dance tribute, and we will close the evening with Yogini Shambhavi chanting a mantra in Kumar's honor.

(For those attending on Saturday without meal purchase, you may join the events at approximately 7:30 pm in the Convene Ballroom after the meal has concluded.)

Sunday lunch will be offered prior to our closing general session. We will be finishing at 3:30 pm. so that you can catch an early evening flight out.

Breakfasts will be your responsibility. The hotel has a buffet breakfast in the restaurant, as well as a breakfast menu. There is also a Starbuck's on-site that is open throughout the day.

## **Books/CD's/DVD's**

We have arranged with **Nataraj Books** to once again be available throughout the conference with an excellent selection of books, cd's and dvd's; many by the presenters who will be available at the conference. A book signing is being planned for Saturday afternoon. Details will be available at the NAMA Center when you check in.

## Session Recordings

**Backcountry Recording** will be making audio recordings of most of the sessions. You will be able to purchase and/or order those recordings during the conference. That way you don't have to miss any of the valuable information provided in the many sessions. *Practicum and panel* sessions will not be recorded.

## Sponsors, Exhibitors, and Partners

This year we have almost 40 organizations joining us to provide you with information, products, and services that will make your experience even more enjoyable. Be sure to visit with each one of them and you will be able to enter to win a full conference pass to the 2011 NAMA Conference to be held April 14 – 17, 2011. Check your attendee package for details!

## Conference Meeting Room Temperatures and Area Weather

Just a reminder, it can be very difficult to maintain a temperature comfortable for everyone in large conference meeting rooms. We recommend that you dress in layers to allow you to make personal adjustments. (Pitta, dress light; Vata, dress warm; Kapha, adjust accordingly!!)

The temperatures in San Francisco in April can be variable. Characteristically cloudless and mild, some of the warmest and driest days of the year occur in the spring. However, be prepared for cool, and potentially foggy weather.

We look forward to seeing you soon!  
2010 NAMA Conference Team

**Thanks to our sponsors and partners for their support and contributions to NAMA and our conference.**

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